

Making Peer Practical

What is it?

Making Peer Practical is a new collaborative development programme to help with the planning and delivery of peer support activities.

It is a free opportunity for individuals, community groups and small organisations who want to plan and deliver peer support activities but are not sure where to start. Running between August 2023 and March 2024 this practical programme combines online group learning sessions with in-person tailored development support.



Who is it for?

- Small organisations who want to introduce peer support as part of their commitment to support people with their mental health and wellbeing
- Groups or projects already running support sessions looking to harness the magic of a peer support approach!
- Individuals who want to develop peer support activities

Find out more

Want to find out more? We'd love you to join us at our [online information session](#) on Tuesday 27 June 2023 from 11:00 – 12:00.

Or get in touch:

- **0300 323 9956** - [ContactScotlandBSL](#)
- info@scottishrecovery.net